

Trail of Intimacy:

Instructions: Use the following prayer queues to pray unto the Father and flow in the Spirit.

1 PRAISE

Start your prayer hour by praising the Lord. Praise Him for the things that are on your mind right now. Praise Him for one special thing He has done in your life in the past week. Praise Him for His goodness to your family.

I will bless the LORD at all times; His praise shall continually be in my mouth. Psalm 34:1

2 WAITING

Spend this time waiting on the Lord. Let Him pull together reflections for you. Think about the hour before you and the things you want the Lord to do in your life.

Wait patiently for the LORD. Be brave and courageous. Yes, wait patiently for the LORD. Psalm 27:14

3 CONFESSION

Ask the Holy Spirit to show you anything in your life which might be displeasing to Him. Ask Him to point out attitudes that are wrong, as well as specific acts for which you have not yet made a prayer of confession. Now confess that to the Lord and claim 1 John 1:9 so that you might be cleansed .

If we confess our sins, he is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness. 1 John 1:9

4 READ THE WORD

Spend time reading promises of God in the Psalms, in the prophets, and passages on prayer located in the New Testament. Read aloud and let the meaning sink deeply into your heart.

Oh, how I love your law! I meditate on it all day long. Psalm 119:97

5 PETITION

Pray general requests for others, through the prayer list, the prayer cards, or personal prayer interests on behalf of yourself and others.

Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need. Hebrews 4:16

6 INTERCESSION

Lift up before God's Throne specific prayer on behalf of others. Think of needs in your Jerusalem, Judea, Samaria and to the ends of the earth.

I urge you, brothers and sisters, by our Lord Jesus Christ and by the love of the Spirit, to join me in my struggle by praying to God for me. Pray that I may be kept safe from the unbelievers in Judea and that the contribution I take to Jerusalem may be favorably received by the Lord's people there, so that I may come to you with joy, by God's will, and in your company be refreshed. The God of peace be with you all. Amen. Romans 15:30-33

7 PRAY THE WORD

Now take the Scriptures and pray them back to God. Psalms and Proverbs are great starters.

Fulfill your promise to your servant, so that you may be feared. Take away the disgrace I dread, for your laws are good. How I long for your precepts! In your righteousness preserve my life. May your unfailing love come to me, Lord, your salvation, according to your promise; then I can answer anyone who taunts me, for I trust in Your Word. Never take Your Word of truth from my mouth, for I have put my hope in your laws. I will always obey your law, for ever and ever. I will walk in freedom, for I have sought out your precepts. I will speak of your statutes before kings and will not be put to shame. Psalm 119:38-46

8 THANKSGIVING

Spend these minutes giving thanks to the Lord for things in your life, things on behalf of the church, things on behalf of your family.

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. Philippians 4:6

9 SINGING

Take your hymnal and sing a prayer song, sing a praise song, sing a song regarding soul winning or witnessing. Let it be a time of praise.

You are my strength, I sing praise to you; you, God, are my fortress, my God on whom I can rely. Psalm 59:17

MEDITATE

10 Ask the Lord to speak back to you and keep a paper and pen handy, ready to relate the impressions that He makes upon your life.

Then the Lord replied, 'Write down the revelation and make it plain on tablets so that a herald may run with it.' Habakkuk 2:2

LISTEN

11 Spend time merging the things you have read from the Word, the things you have prayed, the things you have thanked the Lord for, the things that you have been singing, and see how the Lord brings them all together to speak to you. Record it in your journal.

The Lord came and stood there, calling as at the other times, 'Samuel! Samuel!' Then Samuel said, 'Speak, for your servant is listening.' 1 Samuel 3:10

END WITH PRAISE

12 Praise the Lord for the time you have had to spend with Him. Praise Him for the impressions that He has given you. Praise Him for the prayer requests He raised up in your mind.

I will exalt you, my God the King; I will praise your name for ever and ever. Every day I will praise you and extol your name for ever and ever. Great is the Lord and most worthy of praise; his greatness no one can fathom. Psalm 145:1-3